



The Jewish Federation's Los Angeles Jewish Teen Initiative
Guided Meditation and Reflections

Parents of teens, you are invited to join our community to nourish your soul all year long. Sessions are online and free of charge.

Mark your calendars with these upcoming dates:

**Thursday mornings
at 8:00 AM via Zoom:**

January 13, 2022

February 3, 2022

March 10, 2022

April 7, 2022

May 12, 2022

[REGISTER HERE](#)

If you have any questions, please email
MGoldshine@JewishLA.org.

The Los Angeles Jewish Teen Initiative is co-funded by The Jewish Federation of Greater Los Angeles and the Jim Joseph Foundation, with seed funding provided by the Jewish Community Foundation of Los Angeles.