A Message to Our Community

Our Federation is repairing Jewish L.A. in a way only we can. As the heartbeat of Jewish L.A., we are here while COVID-19 remains a threat to our daily lives and the future of our Jewish community. We are excited to announce $6.2 million toward new programs and amplified partnerships to meet the increased need for food, social services, and meaningful Jewish engagement.

We developed this COVID-19 Response Plan based on extensive conversations with our partners and our community. We are proud to play an essential part in rebuilding our beloved Jewish Los Angeles.

Federation Crisis Resources

ESSENTIAL SERVICES

Ezra Network Wraparound Services
The Federation's Ezra Network provides wraparound social services to those in need in our Jewish community, including government benefits applications, short-term counseling, legal services, job search readiness training, and screening for financial assistance via Federation's Max Factor Family Foundation Financial Assistance Network. By calling Federation's Community Call Line at (323) 761-8305, any Jewish community member in need will be connected to the Ezra Network to begin to navigate these FREE services. Learn more here.
Community Call Line
If you or someone you know needs access to social services including financial assistance, please contact The Jewish Federation’s Community Call Line at (323) 761-8305. The Jewish Federation has increased its funding and support of the Max Factor Family Foundation Financial Assistance Network. This assistance will help Jews whose income has been reduced, hours have been eliminated, or businesses are suffering.

No Guarantors Required for $1,000 Interest-Free Loans
To cover expenses related to COVID-19, help with free, no-interest loans is one click away. A loan fund has been established to help Jews in need. Additionally, through a new $1 Million COVID-19 Emergency Relief Fund, the Jewish Free Loan Association will offer a total of one thousand individual $1,000 loans (no guarantor required) to local community members in need. GET HELP.

Food for Those in Need
Jewish Family Service (JFS) SOVA Community Food & Resource Program is now providing prepackaged bags of food to help minimize the risk to both clients and volunteers. The JFS senior nutrition program is now providing all food via delivery. To receive these services, please call JFS Central Access at (877) 275-4537.

Teen Talk
Do you know a teen who could use peer support to vent, share, or just talk? Tell them about Teen Talk! Jewish Big Brothers Big Sisters of Los Angeles created the Teen Talk mobile app to provide social and emotional support to teens. Now more than ever, we see Teen Talk as a critical lifeline for teens in Los Angeles and around the world. Read more about the Teen Talk app.

Builders of Jewish Education’s (BJE) JKidLA
BJE’s JKidLA is a longtime partner of Federation and provides an online guide for parents on many diverse opportunities for their children — both during this COVID-19 summer and beyond. We know these are trying times and want to help you get through it. You’ll find many resources for families, virtual Shabbat programs, online activities, and holiday fun!

Jewish Council for Public Affairs (JCPA)
Resources Around Racial Justice JCPA has compiled racial justice and equity resources across a variety of media — from curricula to podcasts — intended to help educate communities.

JFNA Resources Around Racial Justice
Bigotry takes many forms. As Jews, we have experienced it for centuries and need to better understand the racial struggles across America, which starts by listening and learning. JFNA has launched this resource list of articles, books, movies, and recordings to help.

**Jewish Communal Organizations: Purchase the Personal Protective Equipment You Need for Reopening!**

In partnership with JFNA’s Jewish Together and available to all Jewish nonprofit organizations across Los Angeles, our Federation is the portal through which non-medical Personal Protective Equipment (PPE) can now be purchased to prepare for the reopening and safe operation of Jewish communal facilities and offices. As the heartbeat of Jewish L.A., we care for you so you can care for our community.

Learn more and place your organization’s order.

**POWERFUL ACTIVITIES**

**Escape to Israel**

We’re Zooming to Israel in a way only we can — and you’re invited! You can still join many of the sessions for this exclusive Virtual Israel Experience, which began earlier this month and goes until August 12th. This series of virtual events features live guided tours through landmarks, enlightening webinars with experts in politics and history, and informative conversations with our Israeli partners. At a time that has proven difficult for us all, we are bringing you the exclusive access and quality programming you have come to expect from a Federation trip. View and register for all upcoming sessions and watch recordings of past sessions here.

**LAJTI Focus on Teen Wellness Workshops for Teens**

During this time of increased stress and anxiety, conflicts between parents and teens may increase, and friendships — after months of social distance — may feel strained. There is a way through. We invite your teens to participate in *How to Talk to Your Parents So You Can Feel Heard and Understood*, a dynamic Zoom workshop for anyone between the ages of 15 and 18. Shira Landau, LCSW and Inez Tiger, LMFT will provide strategies for effective listening and communication and diffusing tension. Our experts will also help teen participants discover ways to create more space for meaningful connection in a variety of relationships.

Tuesday, August 4th, from 7:30-8:45 PM
Register now.

**Sylvia Weisz Women’s Philanthropy Shabbat Experience**
Sylvia Weisz Women’s Philanthropy warmly invites you to join us via Zoom for a special camp-themed pre-Shabbat experience! Encourage your children, grandchildren, and other family members to participate as we all wear white, sing some favorite camp songs, and transform our homes into virtual campgrounds.

Friday, August 7th, 4:00 PM
RSVP now.

An Opportunity to Have Those Difficult Conversations
Calling all L.A.-area Jewish communities eager to build constructive discussion and learning across political divides! This painful and difficult time has amplified divisions within and across many of our communities. As communities continue to grapple with the impacts of COVID-19, a looming presidential election, nationwide protests, and political changes in Israel, The Jewish Federation of Greater Los Angeles and Resetting the Table (RTT) invite Jewish organizations to apply to be part of our second Convener Cohort. Participating institutions will be introduced to RTT’s celebrated approach and practical toolkit for opening welcoming, productive discussion across charged differences.

Each Convener will select 2-3 team members to participate. Over the course of 10 months, these teams will receive a highly subsidized package of training, consultation, tools, resources, and access to trained facilitators in L.A.

Eight institutions will be selected to participate in the 2020-21 Convener Cohort. Cost for the program is $500. The program is generously supported by a Cutting Edge Grant from the Jewish Community Foundation of Los Angeles. Cohort participation will be virtual and begin after the High Holidays in October 2020.

Learn more and apply by Friday, August 7th.

Reimagining the High Holidays During a Pandemic
Join The Jewish Federation President & CEO Jay Sanderson in conversation with Rabbi Sharon Brous, Rabbi Pini Dunner, Rabbi Dara Frimmer, and Rabbi David Wolpe as they address Preparing for the High Holidays During a Pandemic. This crucial discussion will focus on how our Jewish community is creatively reimagining the upcoming holidays so that these days will be truly transformative and lead us to a strong future together.

Tuesday, August 18th, at 1:00 PM
Register today.

Los Angeles Jewish Abilities Center (LAJAC) Self-Determination Webinar
Join the Federation’s LAJAC for a workshop led by educator and behavior analyst Claudia Wenger, MS, BCBA to learn and explore the Self-Determination Program (SDP), an alternative to the traditional way of receiving Regional Center services. The program, which will be available to all Regional Center consumers starting in June of 2021, has five guiding principles: Freedom (to plan a good life), Authority (over your personal resources), Support (for building a life in the community), Responsibility (and pride in making your own decisions), and Confirmation (of the important role you play).

Wednesday, August 19th, at 11:00 AM
Register now.

**NuRoots Programs for Young Adults (20s and 30s)**

**NuRoots** mobilizes and inspires people in their 20s and 30s to create meaningful Jewish community across Los Angeles. *The following experiences are for young adults only.*

**American Politics and Anti-Semitism: A Small-Group Community Salon**

How is anti-Semitism showing up in political discourse today? How do you think your personal experiences have impacted your perspectives? And how often do you get to talk about these things? Gather with us for a set of intimate and deep conversations guided by Resetting the Table, an organization dedicated to building productive communication across political and religious differences. Join us to listen, share, and connect with people from many backgrounds.

Tuesday, July 28th, at 7:00 PM
Register here.

**Radiate Love: A Tu B’Av Yoga Experience**

On the cusp of Tu B’Av (the Jewish holiday of love), join NuRoots and Open Temple for a restorative pre-Shabbat yoga session. We’ll enter the space with intention to relax and nourish our spirits — stretching and moving our bodies as we reflect, process, and develop tools to radiate care, compassion, and love into the world.

Friday, July 31st, at 12.30 PM
Register here.

**All You Need Is Love: A Tu B’Av Happy Hour**

In honor of Tu B’Av, the Jewish holiday of love, join JQ’s Persian Pride Initiative and the Federation’s Y&S Nazarian Initiative for a casual happy hour exploring love for ourselves, our friends and family, our romantic partners, and our broader...
communities. Through poetry, meditation, and group reflection, we hope to spark some powerful thoughts together on uplifting love in all its forms.

Thursday, August 6th, at 6.30 PM
Register here.

**NuRoots Film Club**
Each month, fellow Jewish Angeleno cinephiles get together to talk about our favorite movies. This month we are discussing Pedro Almodovar’s *Volver*. Watch it on Hulu and then join our conversation about the movie and its surprising connection to the Jewish practice of Teshuvah (“returning / repentance”).

Tuesday, August 11th, at 8:00 PM
Register here.

**Roots Radio: An Intergenerational Podcast Project**
Introducing Roots Radio, a new intergenerational, community-sourced podcast showcasing the voices, stories, and family histories of the generations that precede us. If you're interested in interviewing and recording a parent, grandparent, or other elder in your life, please fill out this brief form, and we’ll send you a list of questions to start with and instructions on how to record your conversations. Questions? Reach out to Nina Carlin. *Generously supported by the Jewish Community Foundation of Los Angeles.*

**NuMoon Gatherings**
Ongoing monthly gatherings to connect with the ancient Jewish ritual of *Rosh Chodesh* (the holiday that marks the start of the Hebrew lunar month).

○ **NuRoots x JQ International Nonbinary NuMoon Circle**
  NuRoots and JQ International are proud to join forces for Pride to present a nonbinary NuMoon Circle for Av, a space for nonbinary and genderqueer Jews to gather, connect, learn, and grow as a community.

  Wednesday, July 29th, at 6:00 PM
  Register here.

○ **NuMoon Circles**
  Monthly gatherings for female-identified persons to connect with the ancient Jewish ritual of *Rosh Chodesh* and harness the power of lunar cycle and the female body. Inspired by *At The Well*. Reach out to Rabbi Rose to join our NuMoon community and be connected to a circle.
Mensch Work
Build breathable community through more connected and open relationships, and develop tools to counter violence and deepen into love. Reach out to Ian Schiffer to join.

Pilot Schmilots
Our community of East Side screenwriters meets monthly to discuss new works. Message our East Side Fellow Oren Peleg to get connected.

PJ Library for L.A. Families with Young Children
Enrich your child’s life with the monthly gift of a high-quality book or CD from PJ Library. Membership is free. Learn more and sign up today!

Our PJ Library team offers a virtual activity schedule for L.A. families with young children.

All PJ Library LA offerings can be found here.
All PJ Library National offerings can be found here.
All listings below are Pacific Daylight Time

TUESDAY, JULY 28 — Gabriel's Horn
  ○ 4:00 PM — Design a musical instrument out of repurposed materials.

WEDNESDAY, JULY 29 — A Tree is Nice
  ○ 4:00 PM — Grow a tree out of cardboard, yarn, and some imagination.

THURSDAY, JULY 30 — The World Needs Beautiful Things
  ○ 4:00 PM — Paint a masterpiece in any style that inspires you.

FRIDAY, JULY 31 — Ari Goes to School
  ○ 4:00 PM — Make a decoration for your school backpack out of supplies from around your home.

SUNDAY, AUGUST 2 — Weekly Roundup Preview
  ○ Here’s the weekly roundup of what PJ Library in Los Angeles has in store for families this week.

MONDAY, AUGUST 3 — Are We Still Friends?
  ○ 4:00 PM — Learn how to create an easy friendship bracelet with Maggy from Red Ted Art.

TUESDAY, AUGUST 4 — Someone for Mr. Sussman
  ○ 4:00 PM — Design a hanging heart decoration out of string and glue for Tu B’Av, the Jewish holiday celebrating love.
WEDNESDAY, AUGUST 5 — The Brother’s Promise
  ○ 4:00 PM — Make a “promise” book out of materials you find around your home.

THURSDAY, AUGUST 6 — Harvest Blessings
  ○ 4:00 PM — Toss up a tasty salad from seasonal veggies.

FRIDAY, AUGUST 7 — The Sundown Kid
  ○ 4:00 PM — Design your own cactus garden out of paper.

SUNDAY, AUGUST 9 — Weekly Roundup Preview
  ○ Here’s the weekly roundup of what PJ Library in Los Angeles has in store for families this week.

MONDAY, AUGUST 10 — Boker Tov
  ○ 4:00 PM — Cook an easy egg breakfast.

TUESDAY, AUGUST 11 — Avi the Ambulance to the Rescue
  ○ 4:00 PM — Make a rescue vehicle out of repurposed materials.

GET INVOLVED

Give — Now is the Time
We need you now more than ever. Please keep us strong so we can keep our Jewish community thriving and resilient.

DONATE NOW

Volunteer Opportunities
For those who want to give of their time, we are sharing virtual volunteer opportunities and adjusted in-person volunteer activities available for those who are not high-risk and accounting for proper social distancing.

Jewish Family Service
Jewish Family Service of Los Angeles at SOVA seeks volunteers at their food pantry/warehouse in Van Nuys. Volunteers are needed on Sunday-Friday mornings from the very end of July through the month of August to assist with a variety of tasks such as packing food bags, restocking, and passing out food to clients. Shifts times are Mondays-Thursdays from 8:30 AM-1:00 PM, Fridays from 9:00AM-12:00 PM, and Sundays from 8:30 AM-12:30 PM. Volunteers must stay
for the entire duration of their shift. If you have any questions or are interested, please email Joyce M. Williams.

**COVID-19 Plasma Campaign**
Help save lives by donating plasma. Bikur Cholim has partnered with Children’s Hospital Los Angeles and community organizations to help identify eligible donors who want to donate COVID-19 Convalescent Plasma ( CCP). To pre-qualify, text HERO to 313131 or call (323) 852-1900.

**Community Calendar on JewishLA.org**
Our calendar is back! Check it out to view up-to-date virtual offerings from our Federation and partner organizations. Partners can now submit events as usual.

**We’ve made it easier to share this information! Simply download the PDF version of this newsletter and email it to anyone who you think may benefit.**

**JEWISH JOURNAL**
In an effort to keep you, our community, informed and connected and to support our partner experiencing physical distribution challenges, we are sharing this digital edition of the *Jewish Journal* with you.